



ASSUMPTION OF RISK

ASSUMPTION OF INHERENT RISKS:

- A. Risks: I fully understand and acknowledge that recreational and fitness activities have inherent risks, dangers, and hazards and such exists in my use of any equipment and my participation in these activities. My participation in such activities and/or use of such equipment may result in injury or illness including, but not limited to bodily injury. I acknowledge that certain injuries are possible and vary from one activity to another, but in each activity, the risks range from (1) minor injuries such as fatigue, discomfort, scratches, abrasions, bruises, head or body bumps, muscle, tendon or ligament strains or sprains, and minor bone fractures to (2) major injuries such as major bone fracture, muscular, joint and/or back injuries and heart attacks to (3) catastrophic injuries, including but not limited to, partial and/or total paralysis, death or other ailments that, could cause serious disability. lacerations, These might be caused by: Slips, falls, and other gravity-related mishaps, equipment failure, overstraining, or exceeding physical limitations, human error (belayer, climber), disregard for guidelines, rules, and standard practice, ignorance or inattention, and environmental hazard (splinters, chalk dust, etc.). These risks and dangers may be caused by the negligence of the representatives, employees, or volunteers of Bianchi Fitness, the negligence of the participants, the negligence of others, accidents, breaches of contract, or other causes.

I have read the previous paragraph and **I know the nature of the activities** with Bianchi Fitness, **I understand the demands** of those activities relative to my physical condition and skill level and **I appreciate the types of injuries** which may occur as a result of activities made possible by Bianchi Fitness. I hereby assert that **my participation is voluntary and that I knowingly assume all such risks.**

- B. Acknowledgement of Understanding: **I have read** this assumption of risk and fully understand its terms. I acknowledge that I am signing the agreement freely and **voluntarily and intend my signature to signify a complete assumption of the inherent risks of participating in or observing recreational activities with Bianchi Fitness** to the greatest extent allowed by law in the State of California.

Participant's Signature _____ Date _____